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A NEWSLETTER FROM AUTHOR JB CAINE

THE BUSY QUILL

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IT'S NEVER TOO LATE TO MAKE DREAMS COME TRUE

Many people dream of becoming a writer but feel like they missed their chance. Maybe life got in the way-kids, careers, bills, fear. But here's the truth: writing doesn't have an expiration date.

Some of the most powerful voices in literature found their pens later in life. Life experience brings depth, emotion, and perspective that no creative writing course can teach. If you've lived, you've earned stories worth telling.

Whether it's a memoir, a novel, poetry, or even a blog, your voice matters—and it might be exactly what someone out there needs to hear.

Becoming a writer isn't about having a degree or being published by a big house. It's about showing up for yourself and putting words on the page. One sentence at a time. One truth at a time. So if the idea has been whispering in your ear-listen. Buy the notebook. Open the laptop. Share your story. You're not too old. You're right on time.

The world doesn't need perfect. It needs real. And there's no one more real than someone who's lived a full life and is finally ready to write it down.

Start now. The page is waiting.

MY FIVE

THIS MONTH: WRITERS WHO STARTED AFTER 40

- I. Toni Morrison (40)
- 2. Mark Twain (4I)
- 3. J.R.R. Tolkien (mid-40s)
- 4. Bram Stoker (50)
- 5. Laura Ingalls-Wilder (65)

WHAT'S NEW THIS MONTH:

COME SEE ME AT NECRONOMICON THIS MONTH!!



FEATURED GUEST ARTICLE: JENNY SIMARD LABRANCHE





OVERCOMING ADVERSITY

Growing up, I often heard, "You're not trying hard enough," or "You're not smart enough." These words shaped my self-doubt for years—until I discovered in my 30s that I am dyslexic. Finally understanding that my brain simply processes information differently allowed me to reframe my struggles and dismantle the negative beliefs holding me back.

With the support of my husband and the Red Sneaker Writers Book Series, I found the tools and community I needed to pursue my dream of becoming a writer. Immersing myself in this supportive environment, I completed my first 97,000-word manuscript and attended multiple writing conferences and retreats.

Two and a half years later, my persistence paid off: I secured a publishing deal and became a published author. Overcoming adversity isn't just about proving others wrong—it's about proving to yourself that you are capable and worthy. Writing became my way to reclaim my narrative and transform past struggles into a story of triumph.